

EXPLORING THE SCOPE of Osteopathy



22ND-23RD
APRIL



THE INSTITUTE OF CLASSICAL OSTEOPATHY

EXPLORING THE SCOPE OF OSTEOPATHY

DATE: Sunday 22nd April 2018

VENUE: Wellcome Collection
<https://wellcomecollection.org/visit-us/getting-here>
183 Euston Road, Kings Cross, London NW1 2BE
Registration 9:30
Starts at 10am till 5pm

SPEAKERS: **Mervyn Waldman:** John Martin Littlejohn: Osteopathy as the Art & Science of Adaptation.

Chris Campbell: Our debt to John Martin Littlejohn.

Stuart Korth: Exploring the scope of Osteopathy.

Dr. Wilfrid Jänig: Autonomic Nervous System and Inflammation, a journey through a little explored territory.

Pascal Grolaux: The Vagus Nerve in a common pathway unifying the aetiopathogenesis of disease.

Enrolment & payment: <http://classical-osteopathy.org/ico-events/conferences/>

There will be a dinner after the conference at 7pm – location to be confirmed. This is not included in the price of the conference.



WORKSHOP

DATE: Monday 23rd April 2018

VENUE: London Clinic of Classical Osteopathy,
Science Centre, London Metropolitan University
29 Hornsey Road, London, N7 7DD
<http://osteopathy-london.org.uk>

SPEAKERS: **Mervyn Waldman:** “Can classical osteopathic treatment influence neurogenic inflammation, host defence and immunopathology via its effects on the peripheral nervous system?” A look at current research findings in neurophysiology and its relevance for osteopathic clinical practice

Chris Campbell: Mentoring at the London Clinic of Classical Osteopathy

Attendants will spend half a day with Mervyn in the workshop and half a day observing Chris Campbell in the clinic

Enrolment & payment: <http://classical-osteopathy.org/ico-events/conferences/>





SCHEDULE FOR THE CONFERENCE DAY

PRICES CONFERENCE + WORKSHOP 2018

CONFERENCE	EARLY BIRD	AFTER 31/01/2018
STUDENTS & 1 ST YEAR GRADUATES	£60	£60
ICO MEMBERS	£120	£140
NON ICO MEMBERS	£140	£160

WORKSHOPS	EARLY BIRD	AFTER 31/01/2018
ICO MEMBERS	£90	£110
NON ICO MEMBERS	£110	£130

CONFERENCE+WORKSHOP	EARLY BIRD	AFTER 31/01/2018
ICO MEMBERS	£200	£240
NON ICO MEMBERS	£240	£280

- **Registration from 9:30am.**
Please get there with plenty of time to allow registration and catch-ups
- **Conference starts at 10am**
- **Lecture Mervyn Waldman: 10-10:50am**
- **Lecture Stuart Korth: 10:50-11:40am**
- Coffee Break: 11:40-12:00am
- **Lecture Chris Campbell 12:00-1pm**
- Lunch: 1-2pm
- **Lecture Pascal Grolaux 2-3.15pm**
- Break: 3.15-3.45pm
- **Lecture: Dr Wilfrid Jänig 3.45-5pm**
- Questions and Closure of the conference

Lunch and coffee breaks are included. If you have any dietary requirements, you can send us details to this email address icofrontdesk@gmail.com. There will be some ICO publications (books, dvds, posters) and ICO merchandising for sale.

After the conference, we will be heading out for dinner to a local restaurant which will be confirmed. This is not included in the price of the conference. If you are interested in coming along, it is always a good time to catch up with everyone, please let us know so we can have a rough estimate of numbers: icofrontdesk@gmail.com



SPEAKERS



Mervyn Waldman DO

“John Martin Littlejohn: Osteopathy as the Art & Science of Adaptation”

A profound difference of views occurred between J.M. Littlejohn and A.T. Still in Kirksville at the beginning of the 20th century, causing the dismissal of Littlejohn as dean of studies and his two surgeon brothers as heads of Obstetrics and Surgery.

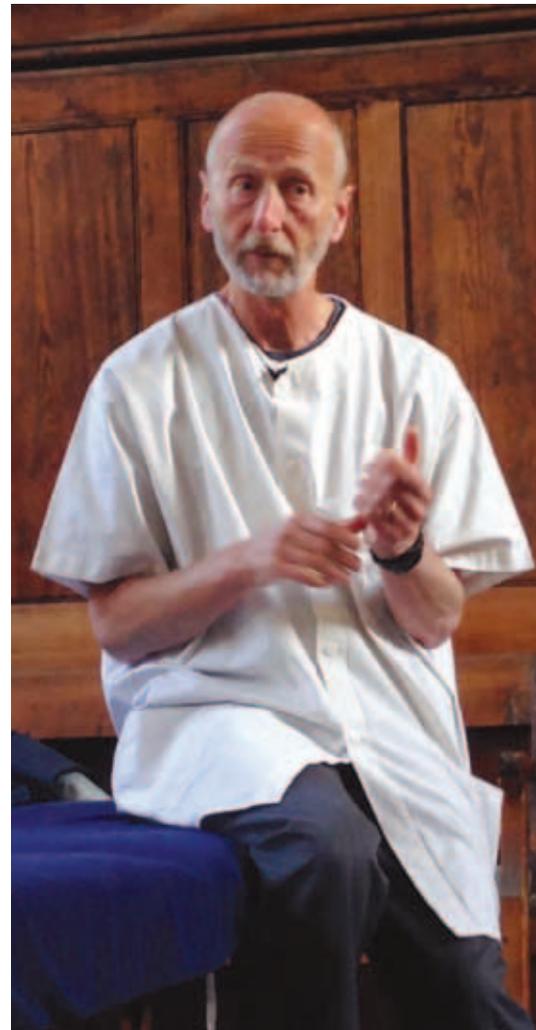
Going on to found the Chicago Osteopathic Teaching Hospital, they deeply questioned some of Still’s fundamental views as they attempted to bring osteopathy firmly into the scientific and medical fraternity but without compromising on its core principles.

This lecture will attempt to clarify the essential differences between the founders of the profession that led to a radically new approach and whose principles have still to be fully appreciated and acted upon in our teaching schools and clinical practice.

At its heart was Littlejohn’s proposal that it is the osteopathic physician’s role, to the degree that it is possible, to correct, modify or palliate mal-adaptation of the organism whether in the structural, environmental, dietetic, mental or occupational fields.

In his voluminous clinical writings and lecture notes and over a century before his time, Littlejohn placed chief emphasis on adaptation, function, environment and most importantly, immunity.

This lecture will explore the significance of this view of health and disease and its key relevance for the survival of osteopathic medicine in the 21st century.



About Mervyn Waldman:

Mervyn Waldman is a 1974 graduate of the BCOM and taught Principles & Practice of Classical Osteopathy at the ESO from 1976-1990. In addition to being an osteopath, Mervyn became a graduate teacher of the Alexander Technique in 1981. Since 1991 he has practiced as an osteopath for some 20 years at the hospital bedside, for a decade in Hadassah University Hospital, Jerusalem, and currently at Rambam University Hospital’s Institute of Pain Medicine, In Haifa.

SPEAKERS



Stuart Korth DO DPO FICO

“Exploring the scope of Osteopathy”

From my own osteopathic experience, I will be exploring the principles and practice that make osteopathy. My particular interests lie, not only in the paediatric field with more than 25 years working openly with colleagues, but also with an ever increasingly conscious and deliberate attention, over 53 years of the psycho-emotional aspect of osteopathy.

About Stuart Korth:

Stuart Korth graduated from the BSO in 1964 and has been in practice since then.

Over the years he has instigated courses in the Osteopathic Care of Children and Applied Technique at the BSO where he served also as Clinical Tutor, and then ran a special clinic for problem cases, before setting up the Children’s Clinic at the ESO.

Successfully completing a Further Education Teacher’s training was helpful in his work as an external examiner in Final Clinical Competence for the GCRO. Together with Richard Holding he redesigned the SCTF courses then run by the postgraduate department of the BSO and taught on those courses for some fifteen years.



In 1991 he co-founded the Osteopathic Centre for Children where he remains Director of Osteopathy.

Numerous teaching assignments abroad have helped to pave the way for the establishment of courses in Pediatric Osteopathy and Children’s Clinics in several countries.



SPEAKERS



Chris Campbell DO

“Our debt to John Martin Littlejohn”

When he returned to England he brought more than his family - he brought osteopathy.

We are now endangered of losing osteopathy to over-zealous regulation and restricted practice. It is important to explore the full scope of osteopathy as taught by Littlejohn and his mentor AT Still and the patients (and our own) right to choose their approach to their own health. Remember Stills advice to his students - you must have faith in your own body - in other words we need to practice what we preach.

About Chris Campbell:

Chris Campbell graduated from the Maidstone College of Osteopathy in 1988 and continued to study under John Wernham up to the early part of this century.



During that time, he served for a number of years as Vice Principal under Wernham. Together with John Wernham, he revamped the Institute of Applied Osteopathy and renamed it the Institute of Classical Osteopathy, and later became Chairman of the ICO.

Chris Campbell currently practices from the Littlejohn Centre in Dublin and continues to teach all over Europe and Japan on osteopathic principles, philosophy, mechanics and technique, mostly at postgraduate level.



SPEAKERS



Pascal Grolaux, DO, MIO, MICO, MNSAO

“The Vagus nerve in a common pathway unifying the aetiopathogenesis of diseases”

Pascal will cover the following:

1. Underlying mechanisms leading to the diseases.
2. Adequate Vagal activity predicts the reduced risk of diseases and improved prognosis.
3. Modulation of the pathophysiological mechanisms contributing to diseases.
4. Activity of the vagus nerve interacts with the pathophysiological mechanisms and risk factors in predicting disease.
5. Integrative mode.
6. Cases study report.
7. Osteopathic model for vagus nerve stimulation.

About Pascal Grolaux:

- Pre-grad degree in Physiotherapy.
- Osteopathic education at the John Wernham Academy of Classical Osteopathy, Leuven (B), in association with the Maidstone College of Osteopathy (UK). (grad. 1995).

- Doctorate thesis for the ESMO degree (CH), neurosurgery department, CHUV, Lausanne, CH.
- Osteopathic degree at the Ecole Suisse de Medecine Osteopathique, Lausanne (CH). (grad. 1996).
- Osteopathic practice, Belgium, UAE, France, Canada.
- Teacher in neurology and neuro semiology, Osteopathic College, IFOGA (F).
- Member of the Project Committee on “Services in Osteopathy” (CEN/TC 414), European Standard on Osteopathic Healthcare Provision (EN16686:2015) (2014-2015).
- Conference speaker at OSEAN Forum, Innovation in Osteopathic Education, Barcelona, 2014.
- Post grad lecturer at EPOQ, QC (CA) (2016-2017).
- Developing t-cranial nerve stimulation (tVNS and tTNS) treatment and research, NS, (CA).



SPEAKERS



Prof. Dr. Wilfrid Jänig

Autonomic Nervous System and Inflammation

A journey through a little explored territory

Inflammation is a defense response of the body against pathogens (i.e. microbes), toxic substances, tissue injury, autoimmune injury or cancer.

This defense involves immune cells, molecular mediators and specific target tissues such as blood vessels, liver cells and endothelial cells. The controlled course of inflammation and its resolution leads normally to repair of the tissue functions. The hypothesis is that different inflammatory steps are under the control of the brain involving the autonomic nervous system.

This interaction between the cellular inflammatory processes and the autonomic nervous system has several physiological and pathophysiological aspects most of them being rather unexplored. Here I will discuss these processes based on experimental investigations in various animal and human models.

- The immune tissue is densely innervated by sympathetic noradrenergic neurons. Do these neurons form a special channel from the central nervous system (CNS) to the immune tissue?

Activation of these sympathetic neurons is followed by inhibition of inflammatory cells (e.g., macrophages) via 2-adrenoceptors.

- Tissue injury activates nociceptors and leads to inhibitory reflexes in vasoconstrictor neurons innervating the injured tissue. This increases the blood flow through and enhances the transport of immune cells and peptides to the damaged tissue.
- Synovial plasma extravasation of the knee joint, under resting as well as inflamed conditions, is dependent on the sympathetic innervation. Furthermore, it is under control of the CNS by way of the sympatho-adrenal system.
- Edema and trophic (inflammatory) tissue changes in patients with complex regional pain syndrome are dependent on the sympathetic innervation.
- The edematous and trophic tissue changes developing during deep somatic or visceral tissue injury in referred cutaneous and deep somatic zones are dependent on the innervation by sympathetic neurons.

About Wilfrid Jänig:

Dr. Wilfrid Jänig is a Professor of Physiology Emeritus, Physiologisches Institut, Christian-Albrechts-Universität zu Kiel, Germany.

He graduated from the Universities of Tübingen, Hamburg and Heidelberg in 1966 and went onto do an Advanced Thesis (Habilitation) at the University of Heidelberg in 1971. Since then he has been teaching as visiting professor at universities in Germany, Israel, Australia, Japan, England and the US.



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